

Organizations, ,Groups, Meeting

Every Brain Matters (EBM): Aubree Adams, Director. A community of support and advocacy based on science and live experiences. Various virtual meetings for recovery and support. <https://everybrainmatters.org/meetings/>

EBM Family Support Meetings: <https://everybrainmatters.org/family-support-meeting/>

Friends of Recovery-New York (FOR NY): A community providing a variety of programs and services designed to assist communities throughout the state in building support for long-term recovery at the local level. <https://for-ny.org/>

Friends of Recovery-Dutchess (FOR Dutchess): A local chapter of Friends of Recovery- NY. FOR Dutchess is a group of community members with a common goal: to ensure that recovery is possible for all who seek it. <https://capedc.org/for-dutchess/>

Friends of Recovery Association: A non-profit association that support and collaborates with Oxford Houses in Kansas, which are self-supporting, democratically operated homes for recovering individuals. <https://www.friendsofrecovery.com/>

Ignite the Hope: An online course for parents of addicted children, facilitated by Darryl Rodgers, certified family recovery coach. <https://www.darrylrogers.com/stop-the-worry-ignite-the-hope>

Mar-Anon: 12-Step meetings specifically for those harmed by another's marijuana use. <https://mar-anon.com/meetings/>

Marijuana Anonymous: For those struggling with marijuana addiction. <https://marijuana-anonymous.org/>

Parents of Addicted Loved Ones (PAL): Nonprofit providing hope through education and support to parents of adults dealing with substance use disorder. Virtual meetings available in three time zones. <https://palgroup.org/pal-virtual-meetings/>

SMART Recovery: Meetings are free, self-empowering mutual support group meetings focused on addictive behaviors, organized and facilitated by trained volunteers. <https://meetings.smartrecovery.org/meetings/>

Reliable Treatment and Recovery Programs

American Addiction Centers (Various Centers throughout the country): American Addiction Centers provides addiction and mental health care at various locations nationwide. <https://americanaddictioncenters.org/treatment-centers>

The Michael Barnes Family Institute: An accessible, affordable, and vital two-level telehealth-based program facilitating positive change for family systems affected by addictive disorders. https://www.forgingnewlives.com/programs/michael-barnes-family-institute-program?gad_source=1

Mountainside (Connecticut, NJ, NY): Nationally acclaimed behavioral health network specializing in individualized alcohol and drug rehabilitation programs and services. <https://mountainside.com/about-us/>

Newport Academy: Programs that address the physical, psychological, social, and educational needs of adolescents and their families, from a foundation of compassionate care, clinical expertise, and unconditional love.

Inpatient Locations: California, Connecticut, Minnesota, Utah, Virginia, Washington
<https://www.newportacademy.com/programs/residential/>

Outpatient Locations: California, Connecticut, Georgia, Maryland, Minnesota, Texas, Utah, Virginia, Washington, Wisconsin
<https://www.newportacademy.com/locations/outpatient/>

Newport Institute (Various States Throughout the Country): A nationwide series of evidence-based healing centers dedicated to transforming the lives of young adults and their families and loved ones struggling with mental health issues and co-occurring such as eating disorders and substance abuse.

<https://www.newportinstitute.com/about/>

Recovery Centers of America (Illinois, Indiana, Maryland, Massachusetts, NJ, Pennsylvania, South Carolina): Expert drug and alcohol addiction treatment, delivered with compassion and dignity, in a safe and comfortable environment.

<https://recoverycentersofamerica.com/>

Recovery in the Pines (Arizona): Offers a unique, long-term Christian Discipleship Recovery Model for men and women who struggle with substance abuse, addictive behaviors, and other mental health issues. Our team of experts focuses on four pillars to success: Recovery, Christian Faith, Health & Wellness, and Life Skills.

<https://www.recoveryinthepines.com/about>

Turnbridge (Connecticut): Mental health and substance use disorder treatment program for young adults and adolescents. Young people learn to actualize their innate assets, developed skills, and relationships to achieve lives of spiritual richness, true fellowship, and authentic joy. <https://www.turnbridge.com/>

Professional Peer Support Individuals

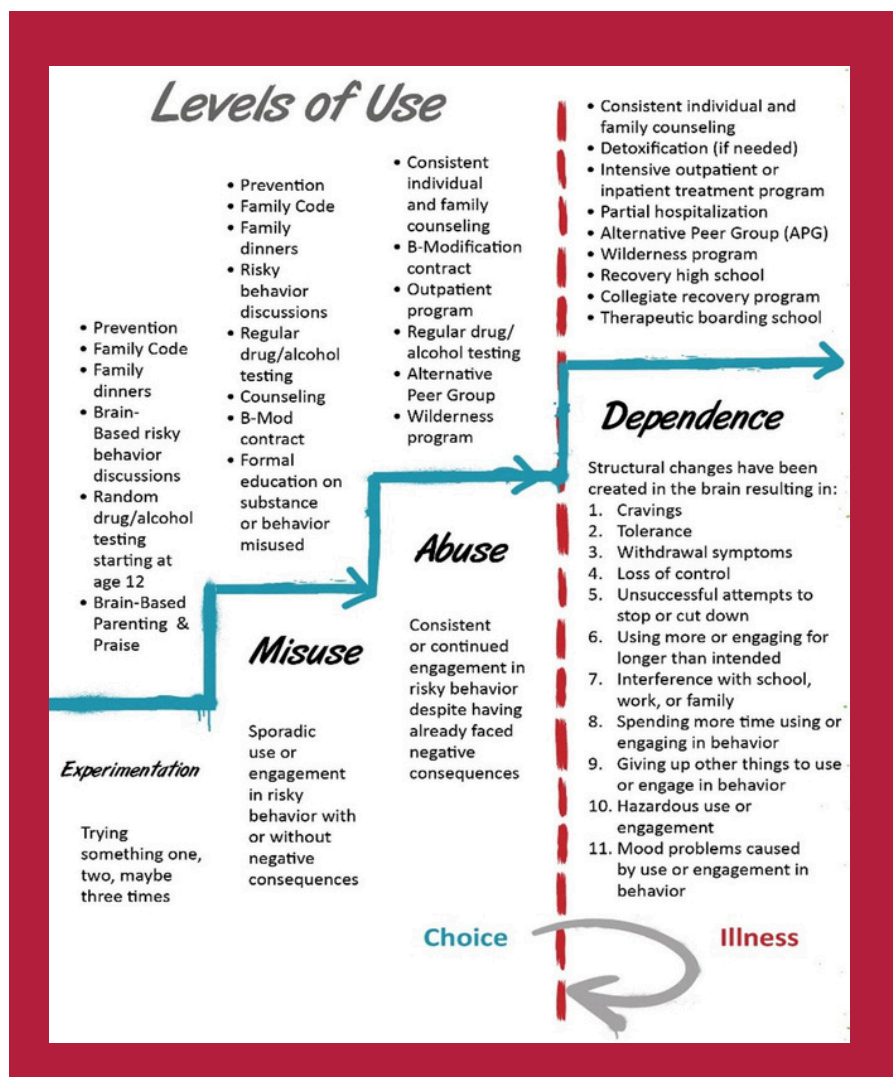
Christina Goebel (CRPA): Certified Peer Engagement Specialist/ Personal Coach (New York) - Helping people find healing in mind/body and spirit.

<https://www.facebook.com/embracedbywellness>

Daryl Rodgers: Certified Family Recovery Coach, Author, Speaker (North Carolina)

An online community where parents with addicted children can support and encourage each other. darrylrogers.com

Cathy Taughinbaugh: Certified Parent and Life Coach (California) - Author of The Compassionate Antidote: A Path to Change for You and Your Child Struggling with Substance Use <https://cathytaughinbaugh.com/free-resources/>



Know when to be concerned!

Credit: Dr. Crystal Collier, LPC-S

<http://www.knowyourneuro.org/>